

Wilderness and Remote First Aid

Canadian Red Cross First Aid & CPR

Adults and Girls 16 years old and over

Dates Friday, March 2 – Arrive at 7:00pm
Sunday, March 4 – Depart at 6:00pm
You will sleepover at this indoor camp. Course time is 20 hours.

Location: Trefoil Trails Girl Guide Campsite, Pike Lake (near Saskatoon)

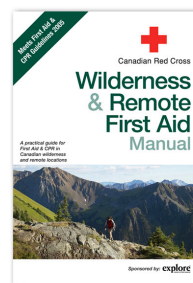
Description: This course is a basic level of Wilderness & Remote First Aid that covers material in Standard First Aid & CPR, plus special material on techniques for wilderness and remote areas. This course also offers strategies for providing extended care for up to 24 hours. Be advised that part of the course is taught outdoors and requires greater physical activity and endurance than typical first aid training.

Prerequisites: Participants must be in good health and physical condition.
No previous knowledge of first aid is required.

Cost: \$140.00
This covers the course fee, materials, accommodations, and food.
Note that the instructor is donating her teaching time to keep costs low.

Numbers: Minimum 6 participants to a maximum 12.

Questions? Carla Punshon ☎ 381-7863 or ✉ carla@punshon.ca



Registration Deadline February 15

Wilderness and Remote First Aid & CPR Registration Form

Name _____ Adult Girl 16+ years old

Address _____

Phone _____ Email _____

Guiding Unit _____

Payment enclosed: _____ (Cheque payable to Girl Guides of Canada, SK Council)

Please return registration form to the provincial office by Feb 15, 2012.

If registering by email, please indicate all particulars in the registration form.

Girl Guides of Canada, Saskatchewan Council
200 – 1530 Broadway Ave, Regina, SK S4P 1E2

OR email gguides@sasktel.net

OR register by phone 306-757-4102 Toll free 1-877-694-0383

OR fax 306-347-0995

OR Credit Card # _____
(VISA, MC only) Expiry __/__/ Vcode (___)

REFUNDS: Withdrawal prior to Feb 15 will result in a full refund. After Feb 15 no refund will be given; however, special requests may be considered.